



The SESK Party Game

STUFF EVERY SKIER SHOULD KNOW

How to play (30 seconds)

1. The reader reads a card and its three answers out loud.
2. Everyone says "One, two, three, Goldilocks!" and holds up 1, 2, or 3 fingers.
3. The reader flips the card and reads the answer and the Why.
4. Everyone who was right takes a point.
5. The reader reads the joke with a straight face. Anyone laughs or groans? The reader takes a point. Nobody got it right? The reader takes a point.
6. Pass the deck left. Most points when the points run out wins.

What you need

These cards and the point tokens on the last two pages. No tokens? Use coins, buttons, pebbles, or marshmallows. 3 to 10 players, ages 8 and up.

Expert rule: Bet It

Before the reader flips the card, you may put one of your points on your answer. Right: take your normal point plus one extra. Wrong: your bet goes back to the pile. That's it.

Printing

Print single-sided, on cardstock if you have it. Cut on the dashed lines. Each card is a 3.5 x 5 inch index card. The answer half is upside down on purpose, so the table can't peek. Cards 1 to 50 of 103. More cards and the free daily online game at sesk.info. Built 2026-10-12.

OUTDOORS & CAMPING



What is the first rule of Your Responsibility Code for skiers and riders?

- A** Always ski the fastest line
- B** Always stay in control
- C** Always ski in a straight line

FLIP FOR THE ANSWER

#5585

SESK.INFO

STRAIGHT FACE
Why don't you see penguins in Britain? They're afraid of Wales.

B Always stay in control
WHY Rule one says you must be able to stop or avoid people and objects. If you cannot, you are going too fast for the slope or the crowd.

OUTDOORS & CAMPING



On a ski trail, who has the right-of-way?

- A** The fastest skier
- B** The skier coming from uphill
- C** The people ahead of or below you

FLIP FOR THE ANSWER

#5586

SESK.INFO

STRAIGHT FACE
What do you call a penguin in the Sahara Desert? Lost.

C The people ahead of or below you
WHY Skiers in front and below cannot see you coming. So the person behind and above must steer clear, every time.

OUTDOORS & CAMPING



Where is it safe to stop on a ski trail?

- A** Where you are visible from above and not blocking traffic
- B** Just below a roll in the slope
- C** In the middle of a narrow trail

FLIP FOR THE ANSWER

#5587

SESK.INFO

STRAIGHT FACE
What do you sing at a snowman's birthday party? Freeze a Jolly Good Fellow!

A Where you are visible from above and not blocking traffic
WHY Skiers coming down need time to see you. Resting at the trail edge, in plain view, keeps everyone safe.

OUTDOORS & CAMPING



Before starting downhill or entering a trail, what should you do?

- A** Look downhill only
- B** Look uphill and avoid others
- C** Shout loudly and go

FLIP FOR THE ANSWER

#5588

SESK.INFO

STRAIGHT FACE
When are your eyes not eyes? When the cold Arctic wind makes them water!

B Look uphill and avoid others
WHY Skiers above you may be coming fast and cannot always stop. A quick look up before you start or merge prevents most surprises.

OUTDOORS & CAMPING



What must you do to prevent runaway equipment on the slopes?

- A** Hope the snow is flat
- B** Take your gear off on the trail
- C** Use leashes, straps or brakes

FLIP FOR THE ANSWER

#5589

SESK.INFO

STRAIGHT FACE
Which side of a polar bear has the most fur? The outside.

C Use leashes, straps or brakes
WHY A loose ski or board can slide down a slope on its own and hit someone. Brakes, straps or leashes keep it with you.

OUTDOORS & CAMPING



What does the Code say about trails marked closed?

- A** Keep off closed trails and areas
- B** Use them only at night
- C** Ski them if you are an expert

FLIP FOR THE ANSWER

#5590

SESK.INFO

STRAIGHT FACE
What's an ig? A snow house without a loo!

A Keep off closed trails and areas
WHY Trails close for a reason, like hazards or grooming work. The signs are there to protect you and the crew.

OUTDOORS & CAMPING



Is it okay to use lifts and terrain after drinking alcohol?

- A** Yes, if you ski slowly
- B** No, never when impaired by alcohol or drugs
- C** Yes, on beginner trails only

FLIP FOR THE ANSWER

#5591

SESK.INFO

STRAIGHT FACE
If a winter fox lost his tail, where would you go to buy him a new one? A re-tail store.

B No, never when impaired by alcohol or drugs
WHY Skiing takes balance, quick choices and good judgment. Alcohol and drugs hurt all three.

OUTDOORS & CAMPING



After a collision on the slopes, what should you do?

- A** Keep skiing so you do not hold up traffic
- B** Leave your name only with a friend
- C** Share contact information with each other and an employee

FLIP FOR THE ANSWER

#5592

SESK.INFO

STRAIGHT FACE
How does a snowboarder deliver his messages? By air mail.

C Share contact information with each other and an employee
WHY People involved should stay and exchange details. A ski area employee can then help and record what happened.

OUTDOORS & CAMPING



What do crossed skis stuck in the snow mean?

- A** Someone needs assistance
- B** A closed trail ahead
- C** A great picnic spot

FLIP FOR THE ANSWER

#5593

SESK.INFO

STRAIGHT FACE
Why did the bear keep getting fired? He always disappeared in the winter.

A **Someone needs assistance**
WHY Crossed skis or a laid-down snowboard uphill of an injured person warn others and help patrol find them.

OUTDOORS & CAMPING



A skier is hurt. What should a helper tell the nearest lift operator?

- A** Only the skier's name
- B** Exact location: trail name, tower number, left or right of run
- C** Just that it is somewhere on the mountain

FLIP FOR THE ANSWER

#5594

SESK.INFO

STRAIGHT FACE
How did the snowman get to work? By icicle.

B **Exact location: trail name, tower number, left or right of run**
WHY Rescuers need to find the person fast. Trail name, tower number and which side of the run are the clues.

OUTDOORS & CAMPING



How many points are in Your Responsibility Code?

- A** Five
- B** Twenty
- C** Ten

FLIP FOR THE ANSWER

#5595

SESK.INFO

STRAIGHT FACE
Why did the two snowmen divorce? One thought the other was a flake.

C **Ten**
WHY The Code lists ten simple rules that apply to everyone on the slopes. It was last updated in 2022.

OUTDOORS & CAMPING



Which is one of the three #RideAnotherDay actions for skiers and riders?

- A** Plan ahead
- B** Speed up in crowds
- C** Stay close behind others

FLIP FOR THE ANSWER

#5596

SESK.INFO

STRAIGHT FACE
What is the best breakfast cereal to eat in the winter? Frosted flakes.

A **Plan ahead**
WHY The campaign is as easy as 1-2-3: be ready to slow down, stay alert, and plan ahead for blind spots and merges.

OUTDOORS & CAMPING



The Snow Angel Foundation's Triangle of Safety has which three sides?

- A** Skis, Snow, Speed
- B** Speed, Space, Self
- C** Style, Strength, Sun

FLIP FOR THE ANSWER

#5597

SESK.INFO

STRAIGHT FACE
What does Jack Frost like best about school? Snow and tell.

B Speed, Space, Self
WHY Control your speed, give others space, and take care of yourself with a helmet, good gear and breaks.

OUTDOORS & CAMPING



What should you do when you cannot see over a roller on a run?

- A** Speed up to clear it
- B** Close your eyes and glide
- C** Slow down

FLIP FOR THE ANSWER

#5598

SESK.INFO

STRAIGHT FACE
What do you call a roller on a ski hill? A bump in the road to fun.

C Slow down
WHY Rollers hide people and objects on the other side. Slowing down gives you time to react.

OUTDOORS & CAMPING



Idaho law says each skier must ski within the limits of what?

- A** Their own ability
- B** The ski instructor's ability
- C** The group's fastest member

FLIP FOR THE ANSWER

#5599

SESK.INFO

STRAIGHT FACE
What do you get when you cross a snowman with a baker? Frosty the Dough-man.

A Their own ability
WHY Skiers are responsible for knowing how hard a slope or trail is for them. If it is too steep, take an easier run.

OUTDOORS & CAMPING



On a US ski trail map, what does a green circle mean?

- A** Most difficult
- B** Easier
- C** Terrain park

FLIP FOR THE ANSWER

#5600

SESK.INFO

STRAIGHT FACE
What is a snowman's favorite snack? Ice Krispies treats.

B Easier
WHY Green circles are the gentlest runs. Almost every resort has them so new skiers can learn.

OUTDOORS & CAMPING



On a US trail map, what does a blue square mean?

- A** Easiest
- B** Closed trail
- C** More difficult

FLIP FOR THE ANSWER

#5601

SESK.INFO

STRAIGHT FACE
What do you call a blue run with a cold? A snuffle-square.

C More difficult
WHY Blue squares are a step up from green circles. Check the symbols off each lift before you ride it.

OUTDOORS & CAMPING



What do two black diamonds side by side on a trail sign mean?

- A** Most difficult, use extra caution
- B** Slightly harder than blue
- C** Terrain park ahead

FLIP FOR THE ANSWER

#5602

SESK.INFO

STRAIGHT FACE
What does a gingerbread man put on his bed? A cookie sheet

A Most difficult, use extra caution
WHY Double diamonds are for expert skiers and riders. Steeper, tighter, and often with obstacles.

OUTDOORS & CAMPING



What does an orange oval on a trail sign show?

- A** A beginner area
- B** A terrain park ahead
- C** A lift line

FLIP FOR THE ANSWER

#5603

SESK.INFO

STRAIGHT FACE
How do you decorate a snowman's birthday cake? With lots of icing.

B A terrain park ahead
WHY The orange oval tells you freestyle terrain is ahead. Some areas also list feature sizes.

OUTDOORS & CAMPING



On Swiss pistes, what does a blue marker mean?

- A** Medium
- B** Difficult
- C** Easy

FLIP FOR THE ANSWER

#5604

SESK.INFO

STRAIGHT FACE
What do skiers order from fast food restaurants? Icebergs with chilli sauce.

C Easy
WHY Swiss pistes are rated blue for easy, red for medium and black for difficult. Colors differ from the US, where blue is more difficult.

OUTDOORS & CAMPING



On Swiss runs, what does a yellow marker show?

- A** A beginner slope
- B** An unprepared, uncontrolled run for skilled skiers
- C** A closed run

FLIP FOR THE ANSWER

#5605

SESK.INFO

STRAIGHT FACE
What do you call a snowman that tells tall tales? A snow-fake!

B An unprepared, uncontrolled run for skilled skiers
WHY Yellow runs are not groomed and get no final sweep by patrol. They are for experienced skiers.

OUTDOORS & CAMPING



How many conduct rules did the international ski federation FIS set for skiers?

- A** Five
- B** Fifteen
- C** Ten

FLIP FOR THE ANSWER

#5606

SESK.INFO

STRAIGHT FACE
What was Frosty the Snowman's career? He was in snow business.

C Ten
WHY The FIS rules cover not endangering others, speed, right of way, passing, stopping and helping after accidents.

OUTDOORS & CAMPING



In the ABCs of chairlift riding, what does "Bottom to Bottom, Back to Back" mean?

- A** Bottom on the seat, back against the chair
- B** Stand up as it moves
- C** Sit sideways

FLIP FOR THE ANSWER

#5607

SESK.INFO

STRAIGHT FACE
What noise wakes you up at the North Pole around March 18? The crack of dawn!

A Bottom on the seat, back against the chair
WHY Sitting fully back keeps you secure. The A is Attention, ask if unsure, and C is Careful, face forward.

OUTDOORS & CAMPING



You drop a glove or phone on a chairlift. What should you do?

- A** Lean over to catch it
- B** Let it fall and ask for help at the top
- C** Jump off after it

FLIP FOR THE ANSWER

#5608

SESK.INFO

STRAIGHT FACE
Did you hear about the boy who went to school with only one glove? The weatherman said it would be cold, but on the other hand it might be warm.

B Let it fall and ask for help at the top
WHY Reaching for an item can make you slip off the chair. Gear can be replaced, you cannot.

OUTDOORS & CAMPING



As you unload from a chairlift, what do you do with your ski tips?

- A** Point them down
- B** Cross them
- C** Keep ski tips up and straight ahead

FLIP FOR THE ANSWER

#5609

SESK.INFO

STRAIGHT FACE
Which kids wear the biggest snow boots? The ones with the biggest feet

C **Keep ski tips up and straight ahead**
WHY Three signs ask you to check loose clothing, raise the bar and keep tips up. Tips up keeps them from catching on the ramp.

OUTDOORS & CAMPING



On a chairlift, what should a snowboarder do with their back foot?

- A** Remove it from the binding
- B** Keep it clipped in
- C** Tuck it under the seat

FLIP FOR THE ANSWER

#5610

SESK.INFO

STRAIGHT FACE
What instrument does a snowboarder play? Air guitar.

A **Remove it from the binding**
WHY Colorado Ski Country says snowboarders should remove the back foot from the binding while waiting to load. Swiss guidelines say to release it on lifts too.

OUTDOORS & CAMPING



Who should lower the restraint bar for a small child on a chairlift?

- A** The small child alone
- B** An adult or older kid
- C** Nobody, bars are optional

FLIP FOR THE ANSWER

#5611

SESK.INFO

STRAIGHT FACE
What are caribou calves given to wear? Hoof-me-downs.

B **An adult or older kid**
WHY Small children should not try to lower the bar themselves. Wait until everyone is seated, then lower it slowly.

OUTDOORS & CAMPING



In Switzerland, kids shorter than what height ride a chairlift with an escort?

- A** 1.0 m
- B** 1.5 m
- C** 1.25 m

FLIP FOR THE ANSWER

#5612

SESK.INFO

STRAIGHT FACE
What is a female snowman called? A snow-ma'am.

C **1.25 m**
WHY Swiss guidelines say kids under 1.25 m may ride a chair only with someone who can help them.

OUTDOORS & CAMPING



**Your chairlift slows or stops mid-ride.
What should you do?**

- A** Remain in your seat
- B** Jump off
- C** Stand up to look

FLIP FOR THE ANSWER

#5613

SESK.INFO

STRAIGHT FACE
Why did the chairlift stop? It needed a lift.

A **Remain in your seat**
WHY Lifts slow or stop often. Stay seated, hold on and wait.

OUTDOORS & CAMPING



In Park SMART, what does the S stand for?

- A** Speed up
- B** Start small
- C** Show off

FLIP FOR THE ANSWER

#5614

SESK.INFO

STRAIGHT FACE
Learning how to snowboard is just half-pipe the battle.

B **Start small**
WHY Terrain parks are for building skills step by step, not for jumping into the biggest feature first.

OUTDOORS & CAMPING



**Terrain park features come in sizes.
Which size is a great place to start?**

- A** XL (extra large)
- B** L (large)
- C** XS (extra small)

FLIP FOR THE ANSWER

#5615

SESK.INFO

STRAIGHT FACE
What do you call ten Arctic hares hopping backwards through the snow together? A receding hare line.

C **XS (extra small)**
WHY XS features are the smallest. Work up through S, M, L and XL as your skills grow.

OUTDOORS & CAMPING



**After using a jump in a terrain park,
what should you do?**

- A** Clear out of the landing area quickly
- B** Stop and rest there
- C** Go back up the ramp

FLIP FOR THE ANSWER

#5616

SESK.INFO

STRAIGHT FACE
Why did the skier leave the landing? To make room for his future.

A **Clear out of the landing area quickly**
WHY The next person is already coming. Staying in the landing zone is dangerous for both of you.

OUTDOORS & CAMPING



What is the best habit to reduce the danger of tree wells and deep snow?

- A Ski alone for speed
- B Ski with a partner you can see
- C Ski far from your group

FLIP FOR THE ANSWER

#5617

SESK.INFO

STRAIGHT FACE
What did the eagle say when he was cold? Bimrrd.

B Ski with a partner you can see
WHY If you fall into deep snow, someone must find and help you fast. Without help you may not be able to get out.

OUTDOORS & CAMPING



Why can a tree well be dangerous?

- A The snow is always icy
- B It hides ski lifts
- C You can get trapped upside down and may suffocate

FLIP FOR THE ANSWER

#5618

SESK.INFO

STRAIGHT FACE
What do you use to catch an Arctic hare? A hare net

C You can get trapped upside down and may suffocate
WHY Loose snow fills in around you as you fall, and you may not be able to move or breathe.

OUTDOORS & CAMPING



About how much can helmets reduce head injuries, per Colorado Ski Country USA?

- A 30 to 50 percent
- B 5 to 10 percent
- C 90 to 100 percent

FLIP FOR THE ANSWER

#5619

SESK.INFO

STRAIGHT FACE
What food do you get when you cross a snowman with a wolf? A brrr-grr.

A 30 to 50 percent
WHY Helmets help most at slower speeds. They are a second line of defense after skiing in control.

OUTDOORS & CAMPING



By the 2023-24 season, about what share of skiers and riders wore helmets?

- A About 50 percent
- B About 90 percent
- C About 25 percent

FLIP FOR THE ANSWER

#5620

SESK.INFO

STRAIGHT FACE
Why are helmets so popular? They just keep on top of things.

B About 90 percent
WHY Helmet use grew from 25 percent in the 2002-03 season to 90 percent in 2023-24.

OUTDOORS & CAMPING



Colorado Ski Country USA urges you to wear a helmet but to ski as if you are what?

- A Wearing a cape
- B Wearing two helmets
- C Not wearing a helmet

FLIP FOR THE ANSWER

#5621

SESK.INFO

How do you know that a snowman was in your home? You find a carrot next to the fireplace.

STRAIGHT FACE

C Not wearing a helmet
WHY A helmet is a second line of defense. Skiing in control matters more.

OUTDOORS & CAMPING



When does Colorado Ski Country USA recommend a wax and tune for your skis?

- A Before the season starts
- B After the last run of the year
- C Never

FLIP FOR THE ANSWER

#5622

SESK.INFO

What do you get from sitting on the snow too long? Polaroids!

STRAIGHT FACE

A Before the season starts
WHY Waxing before the rush gets your skis tuned in time. You also have time to check boots and helmet fit.

OUTDOORS & CAMPING



What does Colorado Ski Country USA call the best way to make skiing fun and safe?

- A Skiing alone
- B Taking a lesson
- C Skipping lunch

FLIP FOR THE ANSWER

#5623

SESK.INFO

What is the difference between a ski instructor and a skiing student? 3 days.

STRAIGHT FACE

B Taking a lesson
WHY Instructors teach control, how to use lifts, and safe habits. Most areas offer lessons.

OUTDOORS & CAMPING



What does frostbitten skin often look like?

- A White or grayish-yellow and waxy
- B Soft, warm and pink
- C Covered in small itchy bumps

FLIP FOR THE ANSWER

#5624

SESK.INFO

What do you get when you mix a snowman with a vampire? Frostbite.

STRAIGHT FACE

A White or grayish-yellow and waxy
WHY Frozen skin can turn white or grayish-yellow and feel firm or waxy. Numbness is common, so you may not notice it until a friend points it out.

OUTDOORS & CAMPING



**A friend's cheek looks frostbitten.
Should you rub it with snow?**

- A** Yes, rubbing brings the blood back
- B** No, never rub it with snow or massage it
- C** Yes, but only with gloves on

FLIP FOR THE ANSWER

#5625

SESK.INFO

STRAIGHT FACE
What do you call it when a snowman ignores you?
The cold shoulder.

B No, never rub it with snow or massage it
WHY Rubbing frozen skin, especially with snow, can damage tissue that is already hurt. Get to shelter and rewarm the area gently instead.

OUTDOORS & CAMPING



What is frostnip?

- A** A permanent injury that always needs surgery
- B** A rash from cold, dry wind
- C** The early, mild stage of frostbite

FLIP FOR THE ANSWER

#5626

SESK.INFO

STRAIGHT FACE
Knock, knock. Who's there? Scold. Scold who?
Scold outside!

C The early, mild stage of frostbite
WHY Frostnip causes pain, tingling and numbness. It does not damage the skin for good, but it is a warning to cover up and get warm before it turns into real frostbite.

OUTDOORS & CAMPING



Which body parts does frostbite most often affect?

- A** Nose, ears, cheeks, chin, fingers and toes
- B** Belly, back and thighs
- C** Shoulders, elbows and knees

FLIP FOR THE ANSWER

#5627

SESK.INFO

STRAIGHT FACE
What do you call a skeleton that goes out in the snow? A numb-skull.

A Nose, ears, cheeks, chin, fingers and toes
WHY Exposed skin and the parts farthest from your core lose heat fastest. That is why a face mask, a neck gaiter, warm mitts and dry socks matter on the lift.

OUTDOORS & CAMPING



To rewarm frostbitten fingers in water, how warm should it be?

- A** As hot as you can stand
- B** Warm, comfortable to the touch, not hot
- C** Ice water to thaw them slowly

FLIP FOR THE ANSWER

#5628

SESK.INFO

STRAIGHT FACE
What do snowmen get at a Mexican restaurant?
Brrr-itos.

B Warm, comfortable to the touch, not hot
WHY Numb skin cannot feel heat well, so hot water, heating pads or a stove can burn it. Use comfortably warm water and see a health care provider.

OUTDOORS & CAMPING



When should you NOT rewarm frostbitten skin?

- A** If it has turned white
- B** If it feels numb
- C** If it might freeze again before you reach safety

FLIP FOR THE ANSWER

#5629

SESK.INFO

STRAIGHT FACE
What do you call one day below freezing and the next day at 70 degrees? It's snowing today, but water you doing tomorrow?

C If it might freeze again before you reach safety
WHY Mayo Clinic says not to rewarm frostbitten skin if it might freeze again. Protect the area and get to real shelter first.

OUTDOORS & CAMPING



Hypothermia means your core body temperature drops below what?

- A** 95 degrees F (35 C)
- B** 98.6 degrees F (37 C)
- C** 90 degrees F (32 C)

FLIP FOR THE ANSWER

#5630

SESK.INFO

STRAIGHT FACE
What did Jack Frost say to Frosty the Snowman? Have an ice day!

A 95 degrees F (35 C)
WHY Normal body temperature is about 98.6 F. Once it falls below 95 F, the body is losing heat faster than it can make it, and you need medical attention right away.

OUTDOORS & CAMPING



What is happening to the body in hypothermia?

- A** The skin freezes solid
- B** It loses heat faster than it can make it
- C** It overheats from too many layers

FLIP FOR THE ANSWER

#5631

SESK.INFO

STRAIGHT FACE
What does a snowman take when he gets sick? A chill pill.

B It loses heat faster than it can make it
WHY Wind, wet clothes and long cold days drain body heat. When the body cannot keep up, core temperature falls and thinking and movement suffer.

OUTDOORS & CAMPING



Which is a warning sign of hypothermia in an adult?

- A** Flushed face and heavy sweating
- B** Sharp hunger and extra energy
- C** Fumbling hands, shivering and confusion

FLIP FOR THE ANSWER

#5632

SESK.INFO

STRAIGHT FACE
Why did the snowman go to the doctor? He was getting chills.

C Fumbling hands, shivering and confusion
WHY CDC lists shivering, exhaustion, confusion, fumbling hands, memory loss, slurred speech and drowsiness. If a buddy gets clumsy and confused, warm them up and get help.

OUTDOORS & CAMPING



**A shivering skier needs a warm drink.
Which is NOT okay?**

- A** An alcoholic drink
- B** Warm cocoa
- C** Warm water

FLIP FOR THE ANSWER

#5633

SESK.INFO

STRAIGHT FACE
Where do snowmen love to dance? At a snowball.

A **Why** Warm drinks can help raise body temperature, but alcohol is not a good idea. Alcohol lowers the body's natural shivering response, so you warm up more slowly.

An alcoholic drink

OUTDOORS & CAMPING



When warming someone with hypothermia, where does heat go first?

- A** Arms and legs
- B** Neck, chest and groin
- C** Hands and feet

FLIP FOR THE ANSWER

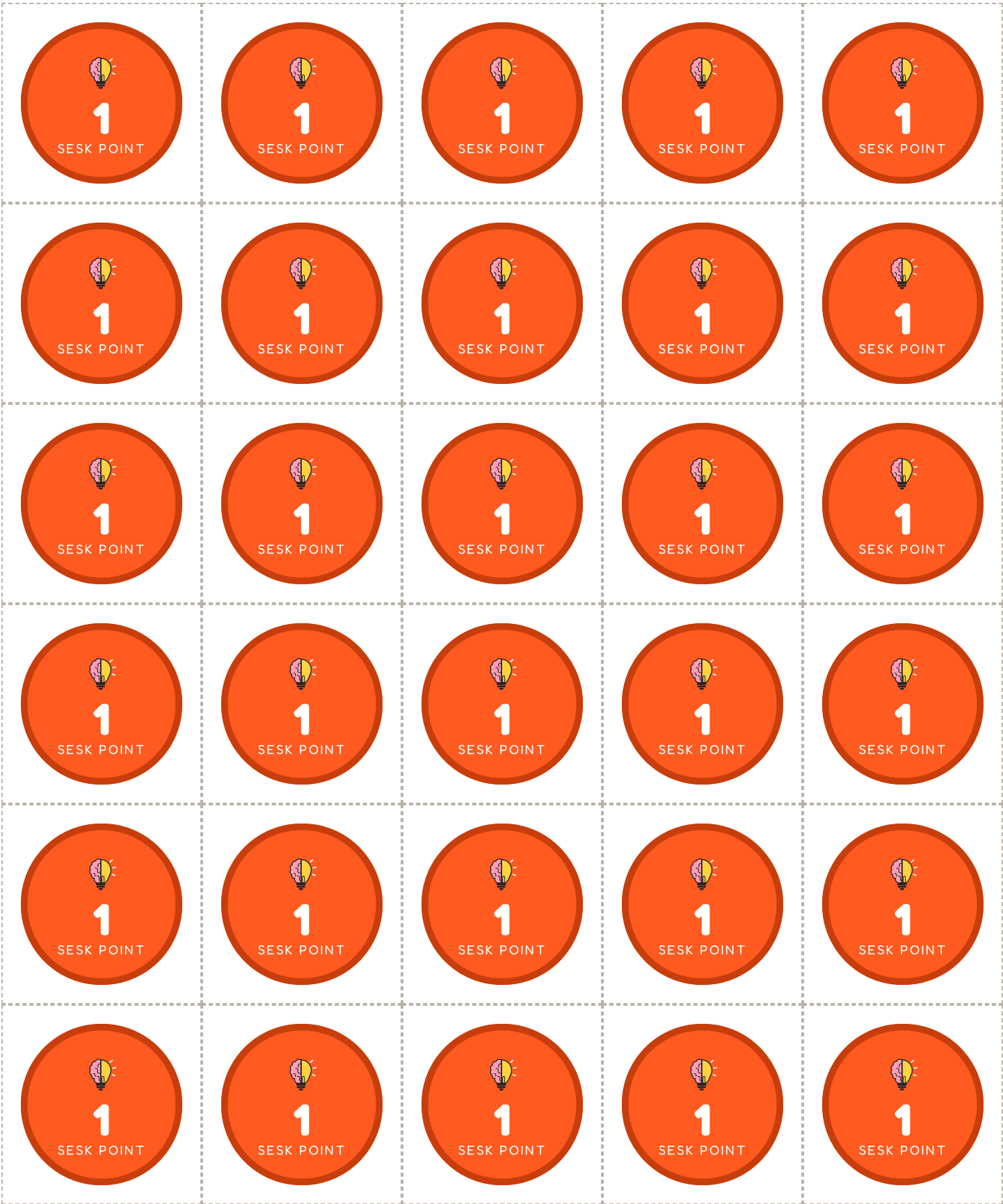
#5634

SESK.INFO

STRAIGHT FACE
What do you call a snowman on rollerblades? A snowmobile.

Why Warm the core first and handle the person gently. Heating or massaging the arms and legs can strain the heart and lungs.

B Neck, chest and groin



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